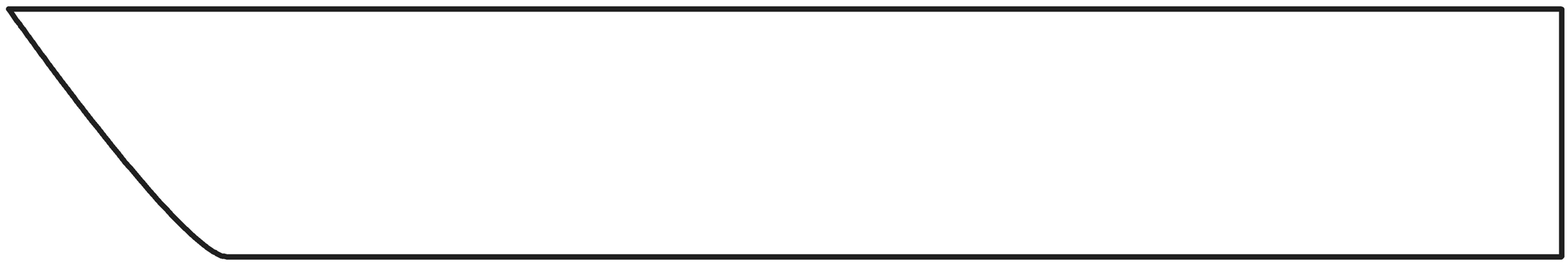
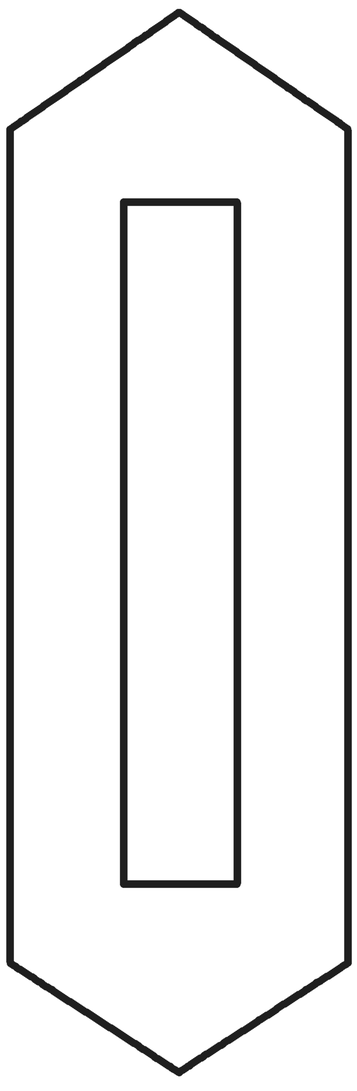
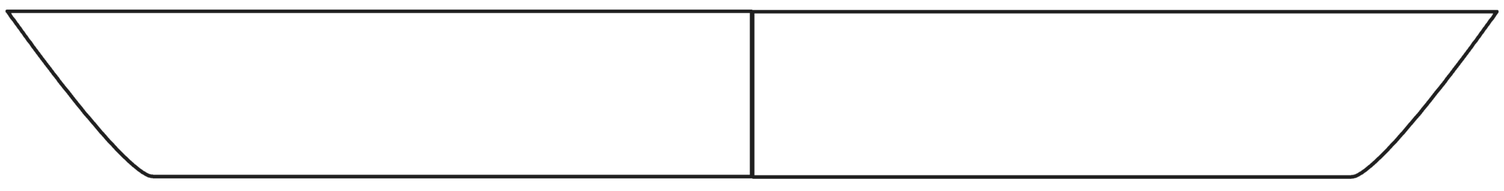
These three are the stomach plates
these are just the right side parts,
cut these out and when traceing make it double
see example





example



trace like this /\